

On Regular Seats

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Office and gaming chairs, gym benches, thrones, recliners, sofas. I could go on and on about the different kinds of seats. They appear to be nothing special, given that there is at least one in each and every room you enter. Many people promptly dismiss them, as their apparent abundance and variety makes them highly underappreciated objects: what people do not see is that seats are indispensable to one's everyday life, not only on account of their basic function, but also for their many properties and purposes.

Let us start with the way the ergonomic design of a gaming chair may enhance one's performance, be it for leisure or for work. How about the fluffy embrace of a well-designed couch after a long, exhausting day? Suddenly the lethargy disappears, the stiffness in the back is nothing to worry about, and any minor discomfort is whisked away; all thanks to that humble seat. These are just some of the hundreds of benefits these fellows bring to the table silently; unfortunately, "underrated" is a proper word to define them as. So next time, seats must be treated with respect: they deserve it.

Seats have many functions besides guarding against fatigue. While the most obvious one is sitting, they offer plenty more: they are the perfect platform on which to stand when changing lightbulbs, an excellent makeshift weapon in case you find yourself in a WWE ring, and even as a great workout machine; why would the Bench Press be so popular if not for its muscle-enlarging qualities? But the sheer versatility of a seat is what really makes it one of the best (if not THE best) inventions ever.

Everybody already knows the various functions of seats and their many kinds and shapes; but an underrated use of a seat is as a status symbol: main seats, for instance, those that occupy the end of the eating table in a home, generally reserved for the person in charge or the eldest member of the family. The mere fact of sitting there makes our voices louder and our presence all the more noticeable, our posture more relaxed yet, at the same time, put together, almost royal. The most clearly symbolic of these "power" seats are thrones. Their mere existence in a chamber might have scared away enemy's envoys in ancient times, heightening the King's dominant qualities, even if he was not that imposing. Emperor Napoleon's legacy, however short and non-impressive at first, was undoubtedly positively affected thanks to a regular seat. But even thrones pale in comparison to the most important, and, at the same time most common of them all: the Toilet. Not only globally revered for its relieving properties, but also for having the most powerful unspoken command which no one even dares dismiss. Once the gate to its sanctuary is closed, anyone and everyone knows what they have to do: do not disturb he who sits on it.

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